

# Rural Health Initiative

*A Bridge to Improve and Sustain the Health and Safety of Farm Families*

## Program Overview

- Who We Are** Rural Health Initiative (RHI) is a 501(c)3 non-profit, community-supported, program founded in 2004 focused on improving and sustaining the health and safety of farm families through our "**Kitchen Wellness**".
- We are NOT an insurance company, NOT a government-funded program, and we DO NOT have income limits.
- Who We Serve** **Anyone who contributes to agriculture.** Common participants include family farms (including family members & hired staff), Amish, large dairies, hobby & crop farms.
- Service Area** Tri-county area of Shawano, Outagamie, and Waupaca counties (see map below)
- Services Provided** **Our "Kitchen Wellness" includes: FREE, in-home/on-site preventative health screening(s)**
- **Convenient.** Our staff comes to you. Visits are casual and take about 20 minutes per person.
  - **Get IMMEDIATE results** of your blood pressure, glucose, cholesterol, and biometrics (height, weight, body mass index)
  - **Health coaching** provided on a variety of topics
  - **Referral information** offered of community resources

## RHI Staff Serving Your Area



Contact the RHI Outreach Health Coordinator serving your territory:



**Dawn**

Cell 920-639-1183  
Email Dawn@rhiwi.org



**Alissa**

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